

Category: Post Secondary - Reflection

Advisory Goal: Seniors reflecting on their four years high school experiences.

Grade: 12th

Opening: What is the meaning of Farewell?	Minutes 3
Activity / Topic: Senior Farewell/Reflection	Minutes 12
Closing: See closing statement below	Minutes 5
Supplies: Pencil/Pen / Handout, Farewell Letter	
Grouping: Individual/ Entire Group	

Rationale: Students will reflect on some of their high school experiences over the past 4 years, and reflect on the changes that will occur in the student's life once they leave high school.

Opening: Ask the students to think about some of the good and bad experiences they have encountered over the last 4 years.

Activity / Topic: Farewell Letter

Directions:

1. Write "Farewell" on the board.
2. Discuss its meaning.
3. Distribute the "Farewell Letter" handout to the students
4. Ask the students to take a few minutes to fill in the letter
5. Invite the students to share their letters with the class.

Debriefing: Ask the questions to the group

1. Will you miss attending high school?
2. What were your best memories as a senior?
3. What can you do to repay your school for the education you received?

Closing: Explain to students that changes will occur in your life once you leave high school. The students need time to reflect on their high school experiences and express the point of keeping in touch with the school and friends

Follow-up options: Ask students to volunteer what they will miss the most about Westhill?



FAREWELL LETTER


Goodbye (name of high school) _____ . This is
_____ bidding you farewell.

My four years here was _____. My favorite teacher
was _____.

When I entered high school in 2005, I thought high school would be


I found out that high school was _____.

I'm headed to _____. I hope that I can become a successful
_____. This school will never be the same without the Class
of 2009.



Please make more memories and take care of my school.

Signed



Category: Community Building
Advisory Goal: Review of the Advisory Activities

Grade: 12

Opening: Handout Senior Reflection Worksheet	Minutes: 2
Activity / Topic: Sharing and Discussion	minutes: 16
Closing: See Statement Below	minutes: 2
Supplies: Senior Reflection Handout, Pencil or Pen	
Grouping: Individual, Groups of 4 or 5	

Rationale: This activity is designed to promote team building as they think about how their lives will change in the next few months. Seniors will discuss their senior year and reflect on their high school memories.

Opening: Distribute the handout. Have students broken up into five groups to work on the handout.

Activity / Topic:

Directions:

1. Have each group report their answers to the questions on the handout to the class as a whole.
2. After each group has shared, have a whole class discussion with the following questions:
 - Was senior year the best year of high school for you?
 - Are you happy that high school is over?
 - What will you do, at college or on a job that you failed to do in high school?
 - Do you think you will remain close to your high school friends?

Debriefing/Closing: Read the following statement.

Memories are an important part of our life. It is important to remember “old” memories, but continue to make “new ones” also. High school and senior year are important times in the life of teens.



Senior Reflection

What are the three best things about high school?


1. _____

2. _____

3. _____

What is your fondest senior year memory?

If you could, what would you do over again?



What activities would you recommend to the junior class?

What activities have you heard seniors at other schools do that sounds like fun?
